

# TO LESSEN YOUR STRESSING...

1. Know that \_\_\_\_\_.

The Lord is my shepherd; I have all that I need. [Psalm 23:1](#) NLT

2. Get \_\_\_\_\_ of \_\_\_\_\_.

He lets me rest... [Psalm 23:2a](#) NLT

3. Enjoy \_\_\_\_\_.

...in green meadows; he leads me beside peaceful streams. [Psalm 23:2b](#) NLT

4. Let God \_\_\_\_\_ your \_\_\_\_\_.

He renews my strength. He guides me along right paths, bringing honor to his name. [Psalm 23:3](#) NLT

5. See the \_\_\_\_\_ in the \_\_\_\_\_.

Even when I walk through the darkest valley, I will not be afraid... [Psalm 23:4a](#) NLT

6. Trust God to \_\_\_\_\_ and \_\_\_\_\_ you.

Your rod and your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. [Psalm 23:4b-5](#) NLT

7. Believe God will \_\_\_\_\_ to \_\_\_\_\_.

Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever. [Psalm 23:6](#) NLT

## SO WHAT?

Physical Transformation is a form of \_\_\_\_\_.

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body. [1 Corinthians 6:19-20](#) NLT

MARCH 6-8

COST \$50.00

SIGN UP TODAY  
IN THE ENTRYWAY

ADULT  
VOLUNTEERS  
NEEDED



BIG CHILL

WORSHIP BY:  
WE THE UNION

SPEAKER:  
BRIAN JONES



CONTACT [CASEY@MIDTOWNECHURCH.COM](mailto:CASEY@MIDTOWNECHURCH.COM)

## TRANSFORMED

JOIN A GROUP

GOT QUESTIONS? STOP BY  
THE TABLE IN THE ENTRY WAY.

SHARE YOUR STORY

SHARE WITH US YOUR STORY ABOUT  
HOW GOD IS TRANSFORMING YOU.

TO SHARE YOUR STORY OR SIGN UP: VISIT [MIDTOWNECHURCH.COM/TRANSFORMED](http://MIDTOWNECHURCH.COM/TRANSFORMED)



NEW MINISTRY

REGISTER EACH SATURDAY BY NOON

Class is at 9am during the first service.

It is important that you Register each Saturday so that we can best serve your child.

For more info contact [Brook@midtownechurch.com](mailto:Brook@midtownechurch.com)

To Register go to [MidtowneChurch.com/Special](http://MidtowneChurch.com/Special)

BACKPACK MINISTRY SHOPPING LIST:  
[midtownechurch.com/backpack](http://midtownechurch.com/backpack)

MIDTOWNE CHURCH  
**BACKPACK  
MINISTRY**

FEEDING CHILDREN IN OUR COMMUNITY

To Adopt A Kid email [Allison Scroggins](mailto:Allison Scroggins)  
at [allisonshellshomes@outlook.com](mailto:allisonshellshomes@outlook.com)

WANT TO ADOPT  
A BACKPACK KID?

FOR ONLY \$25 PER MONTH  
THEY WILL RECEIVE:

- 16 MAIN MEALS
- 8 BREAKFAST ITEMS
- 16 SNACKS
- 4 VEGGIES

335 KIDS ARE AVAILABLE FOR  
BACKPACK MINISTRY ADOPTION

# WEEKLY EVENTS

## MIDTOWNE STUDENTS (6-12TH) WEDNESDAYS // 6-8PM

Meets in the THE ATTIC. This is a night of fun, awesome worship & a relevant message.

## KIDSTOWNE (BIRTH-PRE SCHOOL) SUNDAYS (ALL SERVICES)

Bible story, crafts, music, and an awesome Puppet Show to help apply the lesson for the day!

## KIDSTOWNE LIVE (K-5TH GRADE) SUNDAYS (ALL SERVICES)

Fun games & music, live drama, & teaching of God's Word that helps them discover His love!

## SPECIAL KIDSTOWNE (K-TEEN) SUNDAYS // 9AM SERVICE

Register at [MidtowneChurch.com/Special](http://MidtowneChurch.com/Special) each Saturday by noon to help us best serve your child.

## SUPER KIDS (PRE SCHOOL) WEDNESDAYS // 6:30PM - 7:30PM

This is our new addition to Wednesday Nights! Come join us for the fun!

## ELEVATE (K-5TH GRADE) WEDNESDAYS // 6:30PM - 7:30PM

Kids will learn & experience God's best for their lives through skits, songs, & group activities!

## NEIGHBORHOOD GROUPS (ADULTS) VARIOUS DAYS/TIMES

Our small groups called Neighborhood Groups meet throughout the week at various times.

We have Couples Groups, Women's Groups, & Men's Groups. If you would like more info or want to sign-up for a group, contact Dave Johnston or mark your Connection Card.

# CONTACT US



facebook.com/midtowne



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Benton, AR 72015



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MidtowneChurch.com

# OUR STAFF

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Please help us create a Distraction Free environment during our worship services. If you need to leave during key times of the service, you may be asked to sit in the back when you return. Also, we encourage you to take advantage of our amazing kid's classes for children, birth through 5th grade. We really want everyone to Experience God's Best in our worship services. Thanks!

MIDTOWNE CHURCH EXISTS TO HELP PEOPLE FIND AND EXPERIENCE GOD'S BEST.

# TRANSFORMED

*How God Changes Us*



## PHYSICAL TRANSFORMATION

MIDTOWNE CHURCH - 01/18/15