

FORGIVEN • MIDTOWNE CHURCH • APRIL 1, 2018

HOW TO DEAL WITH GUILT

| 1. | to Deal with Guilt. |
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| Му | y guilt overwhelms me-it is a burden too heavy to bear. <u>Psalm 38:4</u> NLT |
| 2. | to Deal with Guilt. |
| | you sinned. |
| | Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the Lord." And you forgave me! All my guilt is gone. Psalm 32:5 NLT |
| | Responsibility. |
| | Jesus to Remove it. |
| | And if Christ has not been raised, then your faith is useless and you are still guilty of your sins. <u>1 Corinthians 15:17</u> NLT |
| 3. | Deals with Our Guilt . |
| | A |
| | things to come, not the good things themselves. The sacrifices under that system were repeated again and again, year after year, but they were never able to provide perfect cleansing for those who came to worship. If they could have provided perfect cleansing, the sacrifices would have stopped, for the worshipers would have been purified once for all time, and their feelings of guilt would have disappeared. Hebrews 10:1-2 NLT |
| | В |
| | But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. <u>1 John 1:9</u> NLT |
| | C |
| | Let the wicked change their ways and banish the very thought of doing wrong. Let them turn to the Lord that he may have mercy on them. Yes, turn to our God, for he will forgive generously. <u>Isaiah 55:7</u> NLT |
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| S | SO WHAT? |
| Ţ | Yes, what joy for those whose record the Lord has cleared of guilt, whose lives are lived in complete honesty! <u>Psalm 32:2</u> NLT |
| | Jesus' word ofremoves the |
| | ofand fills mywith |
| | Abot on only |