

Five Habits to Grow Your Happiness Daily

1. **Healthy Habit:** Daily Rely on What _____ has _____.
We rely on what Christ Jesus has done for us. [Philippians 3:3](#) NLT

Bad Habit: Relying on What I _____
We put no confidence in human effort. [Philippians 3:3](#) NLT

2. **Healthy Habit:** Daily _____ on what _____.
I once thought these things were valuable, but now I consider them worthless because of what Christ has done. [Philippians 3:7](#) NLT

Bad Habit: Focusing on _____
Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ [Philippians 3:8](#) NLT

3. **Healthy Habit:** Daily _____ Better.
*I want to know Christ and experience the mighty power that raised him from the dead. I want to suffer with him, sharing in his death, so that one way or another I will experience the resurrection from the dead!
[Philippians 3:10-11](#) NLT*

Bad Habit: Being too _____.

4. **Healthy Habit:** Daily take _____.
I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. [Philippians 3:12](#) NLT

Bad Habit: Believing I've _____.

5. **Healthy Habit:** Daily Move _____.
No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. [Philippians 3:13-14](#) NLT

Bad Habit: Living in the _____.

SO WHAT?



_____ Habits of Happiness will _____ us in _____.

*Whatever happens, my dear brothers and sisters, rejoice in the Lord. I never get tired of telling you these things, and I do it to safeguard your faith.
[Philippians 3:1](#) NLT*

STUDENTS

THE ATTIC

WEDNESDAY, AUGUST 13TH
"HELMET WEEK"

Come wearing your favorite headgear.

FOR MORE INFORMATION CONTACT
CASEY@MIDTOWNECHURCH.COM

CHILDREN

ELEVATE KIDS & SUPER KIDS

WEDNESDAY, AUGUST 13TH
"KIDS CHOICE AWARDS"

TO BE IN THE PROGRAM CONTACT
BROOK@MIDTOWNECHURCH.COM

LIMIT 4 MINUTES.
SHOW OFF YOUR TALENT AND THE STUDENTS WILL JUDGE FOR THE WINNER!

CONNECT

MIDTOWNE CHURCH PRESENTS

MidTOWNE PaLoZa
10AM SUNDAY, SEPTEMBER 7TH AT MILLS PARK, BRYANT
JOIN US FOR MUSIC, BAPTISM, FOOD AND INTRODUCING
THE NEIGHBORHOOD GROUP GAMES.

 **SALT BOWL** 
SEPTEMBER 5TH

TWO TEAMS ONE MISSION
HELPING PEOPLE FIND AND EXPERIENCE GOD'S BEST

IF YOU WOULD LIKE TO VOLUNTEER
SIGN UP ON YOUR CONNECTION
CARD TODAY.

FACE PAINTING
INFLATABLES
SET UP

GIVE AWAYS
TAILGATING
CLEAN UP

**NEIGHBORHOOD
GROUPS**

EXPERIENCE GOD'S BEST TOGETHER

Interested in leading a Neighborhood
Group for the Fall 2014?

Contact Dave@MidtowneChurch.com

American Heritage Girls

PARENT INFORMATION MEETING: MONDAY, AUGUST 25th 6:15PM - 7:15PM

American Heritage Girls is for young ladies 5(K) thru 18 – building women of integrity through service to God, family, community and country. For more information please contact Sara Ivy, Troop Coordinator, at 501-425-9558 or ivy8472885@sbcglobal.net.

WEEKLY EVENTS

MIDTOWNE STUDENTS (6-12TH) WEDNESDAYS // 6-8PM
Meets in the THE ATTIC. This is a night of fun, awesome worship & a relevant message.

KIDSTOWNE (BIRTH-PRE SCHOOL) SUNDAYS (ALL SERVICES)
Bible story, crafts, music, and an awesome Puppet Show to help apply the lesson for the day!

KIDSTOWNE LIVE (K-5TH GRADE) SUNDAYS (ALL SERVICES)
Fun games & music, live drama, & teaching of God's Word that helps them discover His love!

SUPER KIDS (PRE SCHOOL) WEDNESDAYS // 6:30PM - 7:30PM
This is our new addition to Wednesday Nights! Come join us for the fun!

ELEVATE (K-5TH GRADE) WEDNESDAYS // 6:30PM - 7:30PM
Kids will learn & experience God's best for their lives through skits, songs, & group activities!

NEIGHBORHOOD GROUPS (ADULTS) VARIOUS DAYS/TIMES
Our small groups called Neighborhood Groups meet throughout the week at various times. We have Couples Groups, Women's Groups, & Men's Groups. If you would like more info or want to sign-up for a group, contact Dave Johnston or mark your Connection Card.

CONTACT US

 MidtowneChurch.com

 501-315-0992

 facebook.com/midtowne

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 @MidtowneChurch

OUR STAFF

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Please help us create a Distraction Free environment during our worship services. If you need to leave during key times of the service, you may be asked to sit in the back when you return. Also, we encourage you to take advantage of our amazing kid's classes for children, birth through 5th grade. We really want everyone to Experience God's Best in our worship services. Thanks!

MIDTOWNE CHURCH EXISTS TO HELP PEOPLE FIND AND EXPERIENCE GOD'S BEST.

happy:

adjective (**happier, happiest**) 1 feeling or showing pleasure or contentment: • [predic.] (**happy** about) having a sense of confidence in or satisfaction with (a person, arrangement, or situation) • [predic.] (**happy** with) satisfied with the quality or standard of • [with infinitive] willing to do something • (of an event or situation) characterized by **happiness**: we had a very **happy**, relaxed time. • [attrib.] used in greetings: **happy** birthday. 2 [attrib.] fortunate and convenient: he had the **happy** knack of making people like him. 3 [in combination] informal inclined to use a specified thing excessively or at random: our litigation-**happy** society. 3



August 10th
grow your happiness daily
midtowne church