



GET BACK IN THE GAME

HOW TO COMEBACK FROM A SETBACK

EPISODE 1: COMING BACK WHEN YOU FEEL LIKE GIVING UP
MIDTOWNE CHURCH • AUGUST 11, 2019

THINGS THAT MAKE YOU WANT TO GIVE UP

1. WHEN YOU _____ .

Then the people of Judah began to complain, "The workers are getting tired, [Nehemiah 4:10a NLT](#)

2. WHEN YOU _____ .

...and there is so much rubble to be moved. [Nehemiah 4:10b NLT](#)

3. WHEN YOU _____ .

We will never be able to build the wall by ourselves. [Nehemiah 4:10c NLT](#)

4. WHEN YOU _____ .

Meanwhile, our enemies were saying, "Before they know what's happening, we will swoop down on them and kill them and end their work."

The Jews who lived near the enemy came and told us again and again, "They will come from all directions and attack us!" [Nehemiah 4:11-12 NLT](#)

HOW TO COME BACK AND NOT GIVE UP

1. _____ YOUR _____ !

So I placed armed guards behind the lowest parts of the wall in the exposed areas. I stationed the people to stand guard by families, armed with swords, spears, and bows. [Nehemiah 4:13 NLT](#)

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. [Matthew 6:33 NLT](#)

2. _____ YOUR _____ !

Then as I looked over the situation, I called together the nobles and the rest of the people and said to them, "Don't be afraid of the enemy! Remember the Lord, who is great and glorious," [Nehemiah 4:14a NLT](#)

I am losing all hope; I am paralyzed with fear. I remember the days of old. I ponder all your great works and think about what you have done. [Psalm 143:4-5 NLT](#)

3. _____ YOUR _____ !

...and fight for your brothers, your sons, your daughters, your wives, and your homes!" [Nehemiah 4:14b NLT](#)

So humble yourselves before God. Resist the devil, and he will flee from you. [James 4:7 NLT](#)

SO WHAT?

So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. Galatians 6:9 NLT

YOUR _____ IS A _____ FOR A
_____ IF YOU DON'T _____.

POST GAME ANALYSIS

- 1. REVIEW THE FOUR THINGS THAT MAKE YOU WANT TO GIVE UP FROM SUNDAY'S MESSAGE. WHICH OF THOSE DO YOU STRUGGLE WITH? IS THERE ANYTHING ELSE THAT MAKES YOU WANT TO GIVE UP?**
- 2. HOW CAN CHANGING THE WAY YOU DO THINGS ENCOURAGE YOU TO NOT GIVE UP?**
- 3. HOW CAN KEEPING GOD FIRST HELP YOU COME BACK AND NOT GIVE UP?**
- 4. KNOWING THAT OUR MIND IS THE BATTLEGROUND WHEN WE WANT TO GIVE UP, HOW CAN YOU CHANGE YOUR MIND TO HELP YOU MAKE A COMEBACK?**
- 5. WHAT ARE SOME THINGS THAT MOTIVATE YOU TO MAKE A COMEBACK AND NOT GIVE UP?**
- 6. WHAT WILL YOU CHANGE UP THIS WEEK TO HELP YOU NOT GIVE UP?**