



GET BACK IN THE GAME

HOW TO COMEBACK FROM A SETBACK

EPISODE 3: HOW TO COMEBACK WHEN FEAR SETS YOU BACK

MIDTOWNE CHURCH • AUGUST 25, 2019

COMMON FEARS SETBACKS CAUSE:

MARY - THE FEAR OF THE _____.

"Gabriel appeared to her and said, "Greetings, favored woman! The Lord is with you!" Confused and disturbed, Mary tried to think what the angel could mean. "Don't be afraid, Mary," the angel told her, "for you have found favor with God!" [Luke 1:28-30 NLT](#)

JOSEPH - THE FEAR OF THE _____.

Joseph, to whom she was engaged, was a righteous man and did not want to disgrace her publicly, so he decided to break the engagement quietly. As he considered this, an angel of the Lord appeared to him in a dream. "Joseph, son of David," the angel said, "do not be afraid to take Mary as your wife. For the child within her was conceived by the Holy Spirit. [Matthew 1:19-20 NLT](#)

SHEPHERDS - THE FEAR OF _____.

That night there were shepherds staying in the fields nearby, guarding their flocks of sheep. Suddenly, an angel of the Lord appeared among them, and the radiance of the Lord's glory surrounded them. They were terrified, but the angel reassured them. "Don't be afraid!" he said. "I bring you good news that will bring great joy to all people. [Luke 2:8-10 NLT](#)

HEROD - THE FEAR OF _____.

Jesus was born in Bethlehem in Judea, during the reign of King Herod. About that time some wise men from eastern lands arrived in Jerusalem, asking, "Where is the newborn king of the Jews? We saw his star as it rose, and we have come to worship him." King Herod was deeply disturbed when he heard this, as was everyone in Jerusalem. [Matthew 2:1-3 NLT](#)

HOW TO COMEBACK WHEN FEAR SETS YOU BACK

1. _____ TO _____.

Mary responded, "I am the Lord's servant. May everything you have said about me come true." And then the angel left her. [Luke 1:38 NLT](#)

2. _____ THE _____ OF _____.

When Joseph woke up, he did as the angel of the Lord commanded and took Mary as his wife. [Matthew 1:24 NLT](#)

3. _____ OUT _____ OF _____.

Mary responded, "Oh, how my soul praises the Lord. How my spirit rejoices in God my Savior! For he took notice of his lowly servant girl, and from now on all generations will call me blessed. For the Mighty One is holy, and he has done great things for me. [Luke 1:46-49 NLT](#)

4. _____ TO _____.

But when I am afraid, I will put my trust in you. I praise God for what he has promised. I trust in God, so why should I be afraid? What can mere mortals do to me? [Psalm 56:3-4 NLT](#)



SO WHAT?

The Lord is my light and my salvation—so why should I be afraid The Lord is my fortress, protecting me from danger, so why should I tremble?
Psalm 27:1 NLT

WHEN _____ COMES WITH YOUR _____,
_____ WILL _____ YOUR _____.



POST GAME ANALYSIS

1. CAN YOU RELATE TO ANY OF THE FEARS THAT THE PEOPLE INVOLVED IN THE CHRISTMAS STORY FACED?
2. WHAT OTHER FEARS CAN SETBACKS CAUSE IN YOUR LIFE?
3. HOW DO OUR FEARS KEEP US FROM MAKING A COMEBACK?
4. WHAT ROLE DOES FAITH PLAY IN OVERCOMING FEAR?
5. WHICH OF THE FOUR WAYS TO COME BACK FROM FEAR DO YOU THINK CAN HELP YOU THE MOST AND WHY?
6. WHAT SPECIFIC STEP WILL YOU TAKE THIS WEEK TO COMEBACK WHEN FEAR COMES WITH YOUR SETBACK?