

# CHANGE

 midtowne  
church

1.19.2020

# HONOR GOD WITH YOUR BODY

## Why is Physical Change Important?

**1. Your body was \_\_\_\_\_ with \_\_\_\_\_ so  
you should \_\_\_\_\_ of it.**

*You made all the delicate, inner parts of my body and knit me together in my mother's womb. Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. Psalms 139:13-14 NLT*

**2. Your body was made \_\_\_\_\_ and \_\_\_\_\_ .**

*for through him God created everything in the heavenly realms and on earth. He made the things we can see and the things we can't see—such as thrones, kingdoms, rulers, and authorities in the unseen world. Everything was created through him and for him. Colossians 1:16 NLT*

**3. Your body is a \_\_\_\_\_ .**

*Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself. 1 Corinthians 6:19 NLT*

## Four Steps to Physical Change

1. \_\_\_\_\_ what you want to \_\_\_\_\_.

**My Physical Change for 2020:**

\_\_\_\_\_

2. \_\_\_\_\_ what \_\_\_\_\_ you need to take.

*Do not let sin control the way you live; do not give in to sinful desires. Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. Romans 6:12-13 NLT*

*Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. 1 Corinthians 6:18 NLT*

3. \_\_\_\_\_ yourself.

*I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified. 1 Corinthians 9:27 NLT*

4. \_\_\_\_\_ yourself to God.

*And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Romans 12:1 NLT*



# SO WHAT

*for God bought you with a high price. So you must honor God with your body.  
1 Corinthians 6:20 NLT*

Jesus gave \_\_\_\_\_ to purchase my

\_\_\_\_\_ so I will \_\_\_\_\_

for God's \_\_\_\_\_.