



**HELPING PEOPLE
FIND AND EXPERIENCE
GOD'S BEST**

11.15.20

**Worry is _____ that keeps
me from _____.**

That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? Can all your worries add a single moment to your life? 'And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? 'So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. Matthew 6:25-33 NLT

1. What am I _____?

Think about the things of heaven, not the things of earth. Colossians 3:2 NLT

2. How am I _____?

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things! Galatians 5:22-23 NLT

3. Who am I _____?

How great is our Lord! His power is absolute! His understanding is beyond comprehension! Psalms 147:5 NLT

SO WHAT?

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. Matthew 6:33 NLT

**Are my _____ , _____ , and _____
bringing Glory to God, and Benefiting Others?**

DISCUSSION QUESTIONS

1. Do you find yourself worrying about everyday life situations?
2. Read Matthew 6:25. Why does Jesus tell us not to Worry about everyday life?
3. How do your Thoughts, Words, and Actions change when you Worry?
4. Read Galatians 5:22-23. Would you say you display the Fruit of the Spirit when you Worry? How does that affect people around you?
5. Read Colossians 3:2. How does focusing on Heavenly things help you avoid Worry?
6. What steps will you take this week to Trust God and avoid being Consumed with Concern?