

# FEAR

EPISODE 5 - FEAR OF LOSING CONTROL

midtowne  
church

11.14.21

# TO OVERCOME THE FEAR OF LOSING CONTROL...

## 1. DON'T PLAY \_\_\_\_\_ ...

Worry weighs a person down; Proverbs 12:25a NLT

Can all your worries add a single moment to your life? Matthew 6:27 NLT

## ... INSTEAD, FOCUS ON \_\_\_\_\_ .

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Isaiah 26:3 NLT

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Philippians 4:8 NLT

## 2. DON'T TRY TO \_\_\_\_\_ ...

Then Jesus said to his disciples, "If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?" Matthew 16:24-26 NLT

*"Their gods are like helpless scarecrows in a cucumber field! They cannot speak, and they need to be carried because they cannot walk. Do not be afraid of such gods, for they can neither harm you nor do you any good." Jeremiah 10:5 NLT*

**... INSTEAD, \_\_\_\_\_ TO \_\_\_\_\_.**

*Give all your worries and cares to God, for he cares about you. 1 Peter 5:7 NLT*

*Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest." Matthew 11:28 NLT*

**SO WHAT?**

*But blessed are those who trust in the Lord and have made the Lord their hope and confidence. Jeremiah 17:7 NLT*

**YOU'RE \_\_\_\_\_ CONTROL SO \_\_\_\_\_**

**\_\_\_\_\_ CONTROL TO THE \_\_\_\_\_ WHO**

**\_\_\_\_\_ CONTROL .**

# DISCUSSION QUESTIONS

1. In what ways are you a Control Freak? How has that affected your life?
2. Why is it so difficult to give up Control?
3. How does the What If Game feed our Insecurity and Worry?
4. How can Faith in God help you Win the What If Game?
5. Why do you think some people Hang On so strongly to things in their life? How does that affect their life?
6. What is the value of allowing God to Hang On to all areas of our life?
7. What is a specific way you will Give God Control this week?



We need 23 more Christian homes to welcome children in need

Join us to have your foster care questions answered on Nov 15th at 6:30pm



## Answer The CALL

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Volunteer

Support

Donate

PRAY

Visit our website for time and location:  
[thecallinarkansas.org/saline-perry](http://thecallinarkansas.org/saline-perry)



# BRO BREAKFAST

Hey Men! Join us Tuesday, Nov. 16<sup>th</sup> at 6:00am and discover how to Experience God's Best at Home, Work, and in our Community!



SIGN UP ON YOUR CONNECTION CARD TODAY!